

Roccaraso Trail

Data
Gara

29/09/2019
24k

Generale

pos	pett.	atleta	sex	cat.	p.cat	team	naz	race time	real time	gap	media
1	3	D'ANDREA MAURIZIO	M	ASS M	1	ASD MOUNTAIN LAB	ITA	2:13:09	2:13:09		5:32
2	114	FORCONI GIACOMO	M	ASS M	2	ASD SPORT ADVENTURE TEAM	ITA	2:13:44	2:13:44	+36	5:34
3	1	GIANCOLA ALESSIO	M	ASS M	3	ASD MOUNTAIN LAB	ITA	2:16:06	2:16:06	+2:58	5:40
4	96	RANALLO ENRICO	M	M25-29	1	ASD MOUNTAIN LAB	ITA	2:16:38	2:16:38	+3:30	5:41
5	202	GENTILE GIUSEPPE	M	M25-29	2	TEAM TORNADO	ITA	2:21:06	2:21:06	+7:57	5:52
6	205	DI TURNO ROBERTO	M	M30	1	PARKS TRAIL PROMOTION	ITA	2:23:09	2:23:09	+10:00	5:57
7	134	AMENDOLA CARMINE	M	M35	1	ASD AMALFI COAST	ITA	2:23:28	2:23:28	+10:19	5:58
8	64	GIOVANNANGELO TOMMASO	M	M30	2	ASD G.P. LA SORGENTE	ITA	2:24:35	2:24:35	+11:26	6:01
9	57	VOLPE MICHELE	M	M45	1	ASD AEQUA TRAIL RUNNING	ITA	2:24:45	2:24:45	+11:36	6:01
10	51	D'URSO NICOLA	M	M30	3	ASD AEQUA TRAIL RUNNING	ITA	2:24:56	2:24:56	+11:47	6:02
11	181	IAMONACO GIUSEPPE	M	M50	1	PODISTICA AVIS	ITA	2:24:57	2:24:57	+11:48	6:02
12	218	TARTAGLIA GIAMPIERO	M	M40	1	LIVE YOUR MOUNTAIN	ITA	2:25:21	2:25:21	+12:12	6:03
13	139	BIGIONI GIUSEPPE	M	M35	2	INDIVIDUALE	ITA	2:26:12	2:26:12	+13:03	6:05
14	83	D'ALESSANDRO ANTONIO	M	M35	3	ASD MOUNTAIN LAB	ITA	2:27:12	2:27:12	+14:03	6:07
15	99	TUCCI ALEX	M	M25-29	3	ASD MOUNTAIN LAB	ITA	2:27:31	2:27:31	+14:22	6:08
16	215	DI SILVIO ANTONIO	M	M30	4	RUNCARD	ITA	2:29:06	2:29:06	+15:57	6:12
17	157	PIERLUIGI GIANNI	M	M45	2	LET'S RUN FOR SOLIDARITY	ITA	2:34:41	2:34:41	+21:33	6:26
18	164	ANTONELLI IGOR	M	M40	2	LIVE YOUR MOUNTAIN	ITA	2:35:34	2:35:34	+22:26	6:28
19	4	DI SANTE DONATELLO	M	M40	3	PARKS TRAIL PROMOTION	ITA	2:36:25	2:36:25	+23:16	6:31
20	11	DIANA FRANCESCO	M	M45	3	A.S.D. ISERNIA MOUNTAIN	ITA	2:36:28	2:36:28	+23:19	6:31
21	54	SEVERINO MATTEO	M	M45	4	ASD AEQUA TRAIL RUNNING	ITA	2:36:29	2:36:29	+23:20	6:31
22	116	TRASTULLI LORENZO	M	M35	4	ASD TRAIL MONTI SIMBRUINI -	ITA	2:38:27	2:38:27	+25:19	6:36
23	70	DE PAMPHILIS ANTONIO	M	M35	5	ASD GRUPPO PODISTICO IL	ITA	2:39:27	2:39:27	+26:19	6:38
24	126	AVALLONE CARLO	M	M45	5	D+ TRAIL	ITA	2:40:35	2:40:35	+27:26	6:41
25	65	ORSATTI GIOVANNI	M	M50	2	ASD G.P. LA SORGENTE	ITA	2:41:18	2:41:18	+28:09	6:43
26	81	BUCCI CHRISTIAN	M	M40	4	ASD MOUNTAIN LAB	ITA	2:41:51	2:41:51	+28:42	6:44
27	211	MAYER PAULA	F	ASS F	1	ASD SALVIAMO L'ORSO	ITA	2:42:26	2:42:26	+29:17	6:46
28	216	CASSIN GARY	M	M30	5	RUNCARD	ITA	2:43:48	2:43:48	+30:40	6:49
29	162	PANACCIO MATTEO	M	M25-29	4	LIBERO	ITA	2:44:06	2:44:06	+30:57	6:50
30	52	IOVIENO LUIGI	M	M25-29	5	ASD AEQUA TRAIL RUNNING	ITA	2:44:39	2:44:39	+31:31	6:51
31	155	PAGLIARELLA GIUSEPPE	M	M30	6	LET'S RUN FOR SOLIDARITY	ITA	2:45:03	2:45:03	+31:54	6:52
32	147	TUCCI STEFANO	M	M45	6	INDIVIDUALE	ITA	2:45:56	2:45:56	+32:47	6:54
33	24	MARCHIONNA GIOVANNI	M	M40	5	ALTO SANGRO ZERO GRAVITY	ITA	2:45:58	2:45:58	+32:50	6:54
34	150	CHIAVAROLI FABIO	M	M45	7	LET'S RUN FOR SOLIDARITY	ITA	2:46:13	2:46:13	+33:05	6:55
35	130	ZUCCA LORIS	M	M30	7	FITNESS WORLD	ITA	2:46:42	2:46:42	+33:34	6:56
36	2	TEMPESTA RAFFAELLA	F	ASS F	2	PARKS TRAIL PROMOTION	ITA	2:47:06	2:47:06	+33:58	6:57
37	55	VILLANI MARIO	M	M50	3	ASD AEQUA TRAIL RUNNING	ITA	2:48:42	2:48:42	+35:33	7:01
38	87	DI SANTE LINO	M	M50	4	ASD MOUNTAIN LAB	ITA	2:49:00	2:49:00	+35:52	7:02
39	123	DI DIOMEDE DOMENICO	M	M30	8	ATLETICA LIDO DELLE ROSE	ITA	2:49:58	2:49:58	+36:50	7:04
40	59	COLUCCI ANTONIO	M	M35	6	ASD ATINA TRAIL RUNNING	ITA	2:52:12	2:52:12	+39:03	7:10
41	200	CRETELLA ANNALISA	F	ASS F	3	TEAM AMALFI COAST SPORT &	ITA	2:52:46	2:52:46	+39:37	7:11
42	95	POLCE PIERLUIGI	M	M55	1	ASD MOUNTAIN LAB	ITA	2:54:10	2:54:10	+41:01	7:15
43	80	ANTENUCCI ANDREA	M	M45	8	ASD MOUNTAIN LAB	ITA	2:54:42	2:54:42	+41:34	7:16
44	88	GAGLIARDI CLAUDIO	M	M50	5	ASD MOUNTAIN LAB	ITA	2:54:43	2:54:43	+41:34	7:16
45	179	TOROSANTUCCI VINCENZO	M	M45	9	PODISTI FRENTANI	ITA	2:55:01	2:55:01	+41:52	7:17
46	207	SECCIA RENZO	M	M35	7	M.C. MANOPPELLO SOGEDA	ITA	2:55:11	2:55:11	+42:02	7:17
47	171	MARRONE ANGELO	M	M40	6	MAJELLA'S WAY S.S.D.	ITA	2:56:46	2:56:46	+43:38	7:21
48	206	DE SANCTIS LIBORIO	M	M50	6	PODISTICA 2000 ALTO	ITA	2:57:33	2:57:33	+44:24	7:23
49	102	DI GIAMBERARDINO DOMENICO	M	M45	10	ASD PODISTICA LUCO DEI	ITA	2:58:27	2:58:27	+45:18	7:26
50	127	PANUCCI FRANCESCO	M	M55	2	DINAMIKA ASD	ITA	3:00:05	3:00:05	+46:57	7:30
51	204	TUCCI CLAUDIO	M	M50	7	ASD GRUPPO PODISTICO IL	ITA	3:00:11	3:00:11	+47:02	7:30
52	118	SHABLISTA NATALIYA	F	F45	1	ASD USA SPORTING	ITA	3:00:30	3:00:30	+47:22	7:31
53	69	CROGNALE DONATO	M	M60+	1	ASD GRUPPO PODISTICO IL	ITA	3:00:41	3:00:41	+47:33	7:31
54	136	GUALTIERI DOMENICO	M	M35	8	GAP PRATOLA	ITA	3:01:02	3:01:02	+47:53	7:32
55	63	SEBASTIANI FABRIZIO	M	M60+	2	ASD ATLETICA ABRUZZO	ITA	3:01:19	3:01:19	+48:11	7:33
56	61	BARONE MASSIMO	M	M50	8	ASD ATLETICA ABRUZZO	ITA	3:01:45	3:01:45	+48:37	7:34
57	140	CATALANO LUIGI	M	M45	11	INDIVIDUALE	ITA	3:02:35	3:02:35	+49:27	7:36

Generale

pos	pett.	atleta	sex	cat.	p.cat	team	naz	race time	real time	gap	media
58	203	MARCHESANI GIUSEPPE	M	M45	12	VASTESE INN BIKE	ITA	3:02:41	3:02:41	+49:32	7:36
59	74	PELLICCIOTTA FILIPPO	M	M45	13	ASD GRUPPO PODISTICO IL	ITA	3:02:45	3:02:45	+49:36	7:36
60	138	VASSALLO ROBERTO	M	M45	14	GIOMO RUNNERS	ITA	3:03:34	3:03:34	+50:26	7:38
61	31	DI COSTANZO GUIDO	M	M35	9	ANIMA TRAIL	ITA	3:04:30	3:04:30	+51:21	7:41
62	165	LIBERATORE FRANCESCA	F	F45	2	LIVE YOUR MOUNTAIN	ITA	3:04:49	3:04:49	+51:40	7:42
63	27	D'AMBROSIO DONATO	M	M50	9	ANIMA TRAIL	ITA	3:06:07	3:06:07	+52:59	7:45
64	129	CAMPANA ANGELO	M	M55	3	ERCI TEAM IL SALVIANO	ITA	3:06:37	3:06:37	+53:29	7:46
65	105	DE CERCHIO GABRIELE	M	M45	15	PODISTI FRENTANI	ITA	3:07:00	3:07:00	+53:51	7:47
66	86	DI PADOVA GIUSEPPE	M	M60+	3	ASD MOUNTAIN LAB	ITA	3:07:08	3:07:08	+53:59	7:47
67	141	MARTINI VITTORIO	M	M40	7	INDIVIDUALE	ITA	3:07:58	3:07:58	+54:49	7:49
68	10	DI FABIO LANFRANCO	M	M40	8	A.S.D. FART SPORT	ITA	3:08:11	3:08:11	+55:02	7:50
69	148	JUNIOR JOZEMAR	M	M40	9	JAY&JAY	ITA	3:09:56	3:09:56	+56:48	7:54
70	168	DI PRINZIO SARA	F	F35	1	MAIELLA TRIATHLON	ITA	3:09:59	3:09:59	+56:51	7:54
71	193	MIGLIO ANDREA	M	M45	16	RUNCARD	ITA	3:13:06	3:13:06	+59:57	8:02
72	190	COLAMESTA FRANCESCO	M	M35	10	RUNCARD	ITA	3:13:15	3:13:15	+1:00:07	8:03
73	35	LAMBERTI CARMINE	M	M30	9	ANIMA TRAIL	ITA	3:14:53	3:14:53	+1:01:44	8:07
74	7	REGANO DAVIDE	M	M30	10	A.MARATONETI ANDRIESI	ITA	3:14:55	3:14:55	+1:01:47	8:07
75	46	SIANI LUIGI	M	M40	10	ANIMA TRAIL	ITA	3:14:56	3:14:56	+1:01:48	8:07
76	159	SCATTOLINI MATTEO	M	M30	11	LET'S RUN FOR SOLIDARITY	ITA	3:14:57	3:14:57	+1:01:48	8:07
77	135	RUSSO ANGELO	M	M45	17	G.S.D. FIAMME ARGENTO	ITA	3:14:58	3:14:58	+1:01:49	8:07
78	41	NICOLI UMBERTO	M	M35	11	ANIMA TRAIL	ITA	3:15:01	3:15:01	+1:01:53	8:07
79	15	CROCE MIMMO	M	M45	18	A.S.D. TOCCO RUNNER	ITA	3:16:02	3:16:02	+1:02:53	8:10
80	36	LAMBIASE GIUSEPPE	M	M45	19	ANIMA TRAIL	ITA	3:17:44	3:17:44	+1:04:35	8:14
81	153	FRANZONE GIUSEPPINA	F	F50	1	LET'S RUN FOR SOLIDARITY	ITA	3:17:58	3:17:58	+1:04:49	8:14
82	13	AMICUCCI DARIO	M	M50	10	A.S.D. TOCCO RUNNER	ITA	3:18:03	3:18:03	+1:04:55	8:15
83	110	MARTINOLI MAURIZIO	M	M40	11	ASD RUNNERS FOR	ITA	3:18:15	3:18:15	+1:05:06	8:15
84	167	CHIARINI MARCO	M	M40	12	MAIELLA TRIATHLON	ITA	3:18:29	3:18:29	+1:05:21	8:16
85	32	FALCONE MASSIMO	M	M40	13	ANIMA TRAIL	ITA	3:18:46	3:18:46	+1:05:37	8:16
86	20	PEPE LUIGI	M	M45	20	A.S.D.POLISPORTIVA FOLGORE	ITA	3:19:31	3:19:31	+1:06:22	8:18
87	177	PAPONETTI CESIRA	F	F45	3	PARKS TRAIL PROMOTION	ITA	3:19:31	3:19:31	+1:06:23	8:18
88	161	GALLO GAETANO	M	M30	12	LIBERO	ITA	3:19:37	3:19:37	+1:06:28	8:19
89	117	BONCIO PAOLO	M	M50	11	ASD US ACLI MARATHON	ITA	3:19:47	3:19:47	+1:06:39	8:19
90	48	VOLLARO MARIA	F	F30	1	ANIMA TRAIL	ITA	3:21:49	3:21:49	+1:08:40	8:24
91	214	COCUZZI PAOLA	F	F45	4	ASD MOUNTAIN LAB	ITA	3:21:59	3:21:59	+1:08:51	8:24
92	170	CARABELLA ANDREA	M	M40	14	MAJELLA'S WAY S.S.D.	ITA	3:22:24	3:22:24	+1:09:16	8:25
93	14	CASCIATO REMO	M	M50	12	A.S.D. TOCCO RUNNER	ITA	3:23:25	3:23:25	+1:10:17	8:28
94	33	GALLO ANTONIO	M	M45	21	ANIMA TRAIL	ITA	3:24:05	3:24:05	+1:10:57	8:30
95	172	DI MARCO MANUEL	M	M30	13	NUOVA ATLETICA	ITA	3:24:08	3:24:08	+1:10:59	8:30
96	197	DI MASSO LUCA	M	M50	13	SCI CLUB PRETORO A.D. /	ITA	3:24:54	3:24:54	+1:11:45	8:32
97	132	TUTTOPETTO GIANLUCA	M	M45	22	FUNCTIONAL FIT	ITA	3:24:54	3:24:54	+1:11:45	8:32
98	217	DEL GROSSO LORETTA	F	F35	2	MAIELLA TRIATHLON	ITA	3:24:59	3:24:59	+1:11:50	8:32
99	71	DI BIASE NICOLA	M	M25-29	6	ASD GRUPPO PODISTICO IL	ITA	3:25:24	3:25:24	+1:12:15	8:33
100	128	CAMPANA PAOLA	F	F55	1	ERCI TEAM IL SALVIANO	ITA	3:26:32	3:26:32	+1:13:24	8:36
101	166	CARINCI GIUSEPPE	M	M40	15	MAIELLA TRIATHLON	ITA	3:27:08	3:27:08	+1:14:00	8:37
102	186	MITROTTA PAOLO	M	M35	12	RUNCARD	ITA	3:27:43	3:27:43	+1:14:34	8:39
103	188	VALENTINI ROBERTO	M	M40	16	RUNCARD	ITA	3:27:56	3:27:56	+1:14:47	8:39
104	156	PAOLONE FRANCESCO	M	M35	13	LET'S RUN FOR SOLIDARITY	ITA	3:28:07	3:28:07	+1:14:58	8:40
105	39	MASULLO NICOLA	M	M45	23	ANIMA TRAIL	ITA	3:28:14	3:28:14	+1:15:05	8:40
106	184	DALESSANDRO GUGLIELMO	M	M40	17	PODISTICA SOLIDARIETA'	ITA	3:28:18	3:28:18	+1:15:09	8:40
107	189	CAPRIOTTI ANDREA	M	M40	18	RUNCARD	ITA	3:28:47	3:28:47	+1:15:39	8:41
108	160	SPERANDII FIORENZA	F	F50	2	LET'S RUN FOR SOLIDARITY	ITA	3:29:08	3:29:08	+1:16:00	8:42
109	60	DI LUCA GIOCONDA	F	F45	5	ASD ATL ISaura VALLE	ITA	3:30:04	3:30:04	+1:16:55	8:45
110	73	MORETTI SILVIA	F	F30	2	ASD GRUPPO PODISTICO IL	ITA	3:30:05	3:30:05	+1:16:56	8:45
111	68	CANIGLIA CAMILLO	M	M50	14	ASD GRUPPO PODISTICO IL	ITA	3:30:19	3:30:19	+1:17:11	8:45
112	91	LIBERATORE LUIGI	M	M50	15	ASD MOUNTAIN LAB	ITA	3:32:54	3:32:54	+1:19:46	8:52
113	82	CIPRIANI ELEONORA	F	F40	1	ASD MOUNTAIN LAB	ITA	3:32:55	3:32:55	+1:19:46	8:52
114	17	ESPOSITO VITALIANO	M	M55	4	A.S.D. VESUVIO LIVES	ITA	3:33:41	3:33:41	+1:20:32	8:54
115	5	DI NICCOLO GIUSEPPE	M	M50	16	A.MARATONETI ANDRIESI	ITA	3:34:21	3:34:21	+1:21:12	8:55
116	6	FORTUNATO FRANCESCO	M	M50	17	A.MARATONETI ANDRIESI	ITA	3:34:21	3:34:21	+1:21:13	8:55
117	137	PARISSE GIUSEPPE	M	M50	18	GAP PRATOLA	ITA	3:37:53	3:37:53	+1:24:45	9:04
118	109	FABRIZIO GIANLUCA	M	M45	24	ASD RUNNERS FOR	ITA	3:37:53	3:37:53	+1:24:45	9:04
119	151	D'AGOSTINO MAURIZIO	M	M40	19	LET'S RUN FOR SOLIDARITY	ITA	3:37:53	3:37:53	+1:24:45	9:04
120	124	BARBANO PAOLO	M	M45	25	ATLETICA ROCCA PRIORA	ITA	3:38:23	3:38:23	+1:25:14	9:05
121	103	PALLOTTI GIORGIO	M	M35	14	ASD PORTO SAN GIORGIO	ITA	3:38:50	3:38:50	+1:25:41	9:07

Generale

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122	34	GALLO GIUSEPPE	M	M45	26	ANIMA TRAIL	ITA	3:40:41	3:40:41	+1:27:32	9:11
123	154	LUCENTE LUCA MARIA	M	M60+	4	LET'S RUN FOR SOLIDARITY	ITA	3:43:00	3:43:00	+1:29:51	9:17
124	208	FIADONE GIANNINO	M	M55	5	ASD I LUPI D'ABRUZZO	ITA	3:43:09	3:43:09	+1:30:00	9:17
125	56	BUCCI QUINTINO	M	M60+	5	ASD RUNNERS CHIETI	ITA	3:43:25	3:43:25	+1:30:16	9:18
126	67	BRUNI VINICIO	M	M40	20	ASD GRUPPO PODISTICO IL	ITA	3:43:26	3:43:26	+1:30:18	9:18
127	180	CASERIO LINDA	F	F35	3	PODISTICA AVIS	ITA	3:44:30	3:44:30	+1:31:21	9:21
128	49	CARAFÀ NICOLA	M	M30	14	ASD 361 GRADI	ITA	3:44:31	3:44:31	+1:31:22	9:21
129	19	INFANTILE ANNA	F	F40	2	ANIMA TRAIL	ITA	3:47:10	3:47:10	+1:34:01	9:27
130	43	RESCIGNO POMPEO	M	M45	27	ANIMA TRAIL	ITA	3:47:14	3:47:14	+1:34:06	9:28
131	209	DE FEO DANIELA	F	F40	3	ASD AEQUA TRAIL RUNNING	ITA	3:47:36	3:47:36	+1:34:27	9:28
132	210	DE FEO VINCENZO	M	M60+	6	ANIMA TRAIL	ITA	3:47:36	3:47:36	+1:34:28	9:28
133	120	SGAMMATO AMELIA	F	F55	2	ASD VESUVIO LIVE	ITA	3:48:04	3:48:04	+1:34:55	9:30
134	53	MARESCA MIRNA	F	F50	3	ASD AEQUA TRAIL RUNNING	ITA	3:49:16	3:49:16	+1:36:08	9:33
135	194	SCOTTI FABIO	M	M45	28	RUNCARD	ITA	3:52:27	3:52:27	+1:39:18	9:41
136	195	VINCENTI SILVIA	F	F45	6	RUNCARD	ITA	3:55:17	3:55:17	+1:42:09	9:48
137	149	PADRONI MONICA	F	F45	7	JAY&JAY	ITA	3:56:00	3:56:00	+1:42:51	9:49
138	142	MICUCCI DANTE	M	M40	21	INDIVIDUALE	ITA	3:57:09	3:57:09	+1:44:00	9:52
139	187	MORGANTI MARCO	M	M50	19	RUNCARD	ITA	3:59:36	3:59:36	+1:46:27	9:58
140	185	CICCARELLI PAOLO	M	M50	20	RUNCARD	ITA	4:00:49	4:00:49	+1:47:41	10:02
141	192	MENNA ANTONIO	M	M60+	7	RUNCARD	ITA	4:10:28	4:10:28	+1:57:19	10:26
142	182	BARDI FRANCESCO	M	M55	6	PODISTICA 2000 ALTO	ITA	4:10:31	4:10:31	+1:57:23	10:26
143	18	FERRENTINO AMEDEO	M	M45	29	A.S.D.POLISPORTIVA FOLGORE	ITA	4:15:13	4:15:13	+2:02:04	10:38
144	115	DE SANTIS MASSIMO	M	M30	15	ASD TRAIL MONTI SIMBRUINI -	ITA	4:15:13	4:15:13	+2:02:04	10:38
145	158	RAMPINO MAURIZIO	M	M55	7	LET'S RUN FOR SOLIDARITY	ITA	4:15:58	4:15:58	+2:02:49	10:39
146	143	NICOLIA TIZIANA	F	F40	4	INDIVIDUALE	ITA	4:17:44	4:17:44	+2:04:35	10:44
147	8	LACERRA FIORENZO	M	M60+	8	A.S. DILETTANTISTICA	ITA	4:17:44	4:17:44	+2:04:35	10:44
148	66	APPUGLIESE ANTONINO	M	M45	30	ASD GRUPPO PODISTICO IL	ITA	4:17:58	4:17:58	+2:04:49	10:44
149	75	SALVATORE PIERO	M	M40	22	ASD GRUPPO PODISTICO IL	ITA	4:17:58	4:17:58	+2:04:49	10:44
150	212	LALLI MARIA GRAZIA	F	F45	8	PARKS TRAIL PROMOTION	ITA	4:21:39	4:21:39	+2:08:30	10:54
151	93	MARCOVECCHIO ANGELA	F	F55	3	ASD MOUNTAIN LAB	ITA	4:24:32	4:24:32	+2:11:24	11:01
152	113	SAMMARONE TERESA	F	F40	5	ASD RUNNERS PESCARA	ITA	4:33:09	4:33:09	+2:20:01	11:22
153	78	CAMPITELLI ERMETE	M	M45	31	ASD I LUPI D'ABRUZZO	ITA	4:48:02	4:48:02	+2:34:54	12:00
154	107	PETACCIA STEFANIA	F	F45	9	ASD RUNNERS CHIETI	ITA	4:55:47	4:55:47	+2:42:39	12:19
155	183	VERRAZZO ANTONIO	M	M60+	9	PODISTICA PRO LOCO PARETE	ITA	4:55:47	4:55:47	+2:42:39	12:19